



20 STEPS TO BECOMING A PRO MMA FIGHTER

These are the requirements to becoming a professional Mixed Martial Arts Fighter. This is about a 4 year process. Personal Results may vary. It takes time, hard work, commitment & determination to become a Professional MMA Fighter. Hard work and dedication are required!

Requirements may vary based on a students past experience. These requirements are for students starting from scratch. It is always at the instructors discretion.

YOUR NAME: _____ DATE: _____

Join our BJJ Combative's and Kickboxing Program.	
Cycle once through the BJJ curriculum. Earn your Blue Stripe. (5 months)	5 Months
Earn your Yellow band in Kickboxing.	6 Months
Begin Training with our MMA Fight Team (<i>*If qualified by a Team Coach</i>)	
Complete your 2nd Combatives Cycle & Earn your BJJ Double Blue Stripe	10 Months
Earn your Orange band in Kickboxing	12 Months
Compete & win 1st place in a No-Gi Beginner Sub Only grappling division.	
Try Out to become an Official MMA Fight Team Member	
Commit to your MMA Fight Team and Fight Team Training	
Earn your Green Band in Kickboxing.	18 Months
Compete in a Clinch Combat Challenge.	
Compete in an Amatuer Kickboxing, Muay Thai fight or Smoker	
Compete in another Clinch Combat Challenge.	
Earn your Blue Belt in BJJ	24 Months
Begin your Amateur MMA Career.	
Earn your Blue Band in Kickboxing	30 Months
Compete in an Intermediate Sub Only Grappling Division & get 1st place.	
Compete in an Advanced Sub Only Grappling Division & get at least 2nd place.	
Continue Building your Amateur record to at least 4-2, 5-1 or 6-0.	
Begin your Pro MMA Career!	48 Months